Active Recreation in Open Public Spaces

How often do you exercise or play sport?

European Commission (2017) Special Eurobarometer 472: Sport and physical activity [online].

- regularly
- seldom
- with some regularity
- never

Active Travel

Modal Split (%) by total of trips


Where do you engage in sport or physical activity?

European Commission (2017) Special Eurobarometer 472: Sport and physical activity [online].

- at home 41%
- in parks, outdoors, etc. 39%
- at fitness center or sport club 44%
- on the way between home and school/work etc. 29%
- at work 18%
- at school or university 4%
- elsewhere (spontaneous) 4%
- don't know 2%

Blue and Green Infrastructure in Germany


- Forest and other vegetation areas
- Traffic areas
- Built and free areas
- Urban recreational areas
- Water areas
- Agricultural areas


Learn more about the project at www.prehealth.eu