**Active Recreation in Open Public Spaces**

**How often do you exercise or play sport?**

European Commission (2017) Special Eurobarometer 472: Sport and physical activity [online].

- **68%** never
- **9%** with some regularity
- **21%** regularly
- **2%** seldom

**Where do you engage in sport or physical activity?**

European Commission (2017) Special Eurobarometer 472: Sport and physical activity [online].

- **at home**: 37%
- **in parks, outdoors, etc.**: 32%
- **at fitness center or sport club**: 32%
- **on the way between home and school/work etc.**: 42%
- **at work**: 13%
- **at school or university**: 5%
- **elsewhere (spontaneous)**: 12%
- **don’t know**: 0%

**Active Travel**

**Modal Split (%) by total trips**

- by car or motorcycle: 42%
- by foot: 34%
- by bicycle: 16%
- by public transport: 5%
- N/A: 2%


**Blue and Green Infrastructure in Greece**

source: Land cover EEA Corine 2012.

- Agricultural areas: 32%
- Water areas: 32%
- Artificial areas: 5%
- Forest and other vegetation areas: 73%

Learn more about the project at www.prehealth.eu